

Security SpotLight

An Informational Guide for Security Clients

Securitas understands the value of learning urgent care skills and has partnered with the AHA to offer its officers the fundamentals of CPR and AED training online. After completing the online course officers can elect to complete the hands-on training and evaluation with a certified Heartsaver® Skills Evaluator after which they receive a Heartsaver® course completion card that is valid for two years.

Securitas security officers who successfully complete the Heartsaver® course can take their skills to the next level by becoming an AHA Skills Evaluator by successfully completing a Core Instructor course, aligning with an AHA Training Center, and passing evaluations by an AHA instructor.



Securitas Security
Services, USA, Inc.

February 2018

Number 167



Matters of the Heart

According to the American Heart Association (AHA) anyone can learn CPR, and everyone should. It could mean the difference between life and death. Security officers are often the first to respond to emergencies at client sites, and being trained in life-saving skills can be invaluable in the workplace. The AHA reports that four out of five sudden cardiac arrests happen at home. Statistically speaking, an emergency requiring the administration of Cardiopulmonary Resuscitation (CPR) will likely involve a friend, neighbor or family member.

February is the month to consider matters of the heart. In addition to Valentine's Day, the month is also known for being "American Heart Month." What time could be more appropriate for taking life-saving training to heart?

In an effort to urge Americans to join the battle against heart disease and cardiac arrest, President Lyndon B. Johnson designated February as "American Heart Month" in the United States in 1964. Sudden cardiac arrest (SCA) happens when a victim's heart suddenly and unexpectedly stops beating and can strike quickly and without warning. When this happens, blood stops flowing to the brain and other vital organs. Death can occur within minutes if no treatment is given.

According to the American Heart Association, each year, about 92 percent of sudden cardiac arrest victims—nearly a quarter of a million people in the United States—die before they ever reach the hospital. However, the odds of survival rise dramatically if witnesses provide

(continued)

Integrity / Vigilance
Helpfulness

SpotLight



Securitas Security
Services, USA, Inc.

Education is key. You can help by learning more and spreading the word to help raise awareness about heart disease and how to prevent it.

- **The American Heart Association [website](#)**
- **The American Heart Association's [CPR & Emergency Cardiac Care](#) is inspiring the world to save lives. Millions of healthcare providers and others trust the AHA for their lifesaving training.**
- **February is American Heart Month**
- **A new study links the flu virus with heart attacks.**

quick and proper response to the victim while waiting for emergency personnel to arrive. The findings of the Occupational Safety and Health Administration (OSHA) seem to confirm this. It estimates that when immediate CPR and defibrillation are provided within the first five minutes of collapse, survival rates for SCA victims can be greater than 90 percent.

CPR and Automated External Defibrillator (AED) training can save lives. Certified training courses in CPR and AED are available through many organizations including the American Red Cross, the American Heart Association, and local

emergency services departments. Many companies provide CPR training, and for some clients it is a requirement that security officers obtain such certification before being allowed to work on site.

Learn Life-Saving Skills with CPR and AED Training

The AHA wants everyone to have the knowledge and skills to feel comfortable in the event of an emergency. Its [website](#) offers a variety of options, including e-learning and online, for CPR, first aid and AED training. Make the most of American Heart Month by enrolling in a course.



*Integrity / Vigilance
Helpfulness*

For more information on this and other security related topics, visit the Securitas Safety Awareness Knowledge Center at <http://www.securitasinc.com/en/knowledge-center/security-and-safety-awareness-tips>